


**12 AMA PRA Category 1 Credits™**



# **8TH ANNUAL PHILADELPHIA ORTHOPAEDIC TRAUMA SYMPOSIUM**

**June 10-11, 2016**

*“Improving your fracture  
management skills”*

*Location:*

**Medical Education and Research Building,  
1st and 2nd Floors  
Lewis Katz School of Medicine  
at Temple University**

*Sponsored by*



**TEMPLE**  
UNIVERSITY

**Lewis Katz School of Medicine**

**Course Chairmen:** Saqib Rehman, M.D., Matthew Craig, M.D.

## **TARGET AUDIENCE:**

This conference is aimed at practicing orthopaedic surgeons, residents, nurse practitioners, and physician assistants who are involved with management of orthopaedic trauma care.

## **EDUCATIONAL OBJECTIVES:**

At the conclusion of the conference, participants should be able to:

1. Explain the principles of acute management of skeletal injuries of the upper and lower extremities.
2. Develop skills for operative treatment of periarticular fractures
3. Discuss the controversies with management of select injuries of the upper and lower extremities.

## **ACCREDITATION STATEMENT:**

Lewis Katz School of Medicine at Temple University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education for physicians.

## **CERTIFICATION STATEMENT:**

Lewis Katz School of Medicine at Temple University designates this live activity for a maximum of 12.00 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **DISCLOSURE POLICY:**

It is the policy of the Lewis Katz School of Medicine at Temple University, The Albert J. Finestone, M.D., Office of Continuing Medical Education that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Lewis Katz School of Medicine at Temple University, Office for Continuing Medical Education has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to the activity.

## **REGISTRATION FEES:**

\$150.00 Physicians

\$75.00 Residents, Fellows, Nurse Practitioners and Physician Assistants

## **CALL FOR ABSTRACTS:**

This year's meeting will also include research poster presentations. Residents and medical students are invited to submit one-page abstracts for consideration. The topic should be pertinent to the care of the orthopaedic trauma or fracture patient. Abstracts should be sent by May 15, 2016 to saqib.rehman@tuhs.temple.edu. Additional information is available at [medicine.temple.edu/cme](http://medicine.temple.edu/cme).

## **FOR MORE INFORMATION:**

The Albert J. Finestone, M.D. Office for Continuing Medical Education  
215-707-4787 • 1-800-23-TUCME • [medicine.temple.edu/cme](http://medicine.temple.edu/cme)

## **COURSE FACULTY:**

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Medical Director,

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Abington-Jefferson Health

### **JOSEPH THODER, M.D.**

John Lachman Professor of Orthopaedic Surgery  
Temple University Hospital

# PROGRAM:

## FRIDAY:

7:30-8:00 Registration, breakfast  
8:00 Introduction

### Improving hip fracture care:

8:00-8:10 System improvements your hospital can make now  
8:10-8:20 Risk stratification for orthopods: what you need to know  
8:20-8:30 Tips for avoiding malreduction with subtrochanteric femur fractures  
8:30-9:00 Panel discussion with cases (#1)

### Getting better results treating fractures of the knee:

9:00-9:10 Common mistakes with managing tibial plateau fractures  
9:10-9:20 Surgical techniques for fixing complex distal femur fractures  
9:20-9:30 Difficult patella fractures – how to improve your results  
9:30-9:45 Panel discussion (#2)  
9:45-10:05 Break, visit exhibits (with snacks)

### Lower extremity trauma debates:

10:05-10:15 Fixation of intertrochanteric femur fractures: SHS vs nail  
10:15-10:25 Antegrade femur nailing: traction table vs free leg  
10:25-10:35 Lisfranc dislocation: ORIF vs fusion  
10:35-10:45 Calcaneus fracture: operative vs nonoperative

## KEYNOTE LECTURE

10:45-11:15 “Femoral neck fractures in the young adult: What makes sense?”  
11:15-11:30 Break, visit exhibits

### 11:30-12:15 Labs

*Lab 1: Distal femur periprosthetic fracture ORIF*  
*Lab 2: Proximal humerus ORIF with fibular strut graft augment*

12:15-1:45 Discussion groups with box lunch  
(Case presentations and discussion in small groups)  
Group A: Wrist fractures  
Group B: Hip and femur fractures  
Group C: Tibia and ankle fractures  
Group D: Pediatric fractures  
Group E: Shoulder and elbow fractures

### Avoiding complications in pediatric orthopaedic trauma:

1:45-1:55 The pediatric polytrauma patient  
1:55-2:05 Pediatric femur fractures  
2:05-2:15 The pediatric elbow  
2:15-2:45 Panel discussion with cases (#3)  
2:45-3:15 Break

### 3:15-4:00 Labs

*Lab 3: ORIF intraarticular distal tibia fracture*  
*Lab 4: Ulnar shortening osteotomy*

### Pitfalls with wrist fracture management:

4:00-4:10 Distal radius fractures: what to look for on radiographs  
4:10-4:20 Problems with volar plating of distal radius fractures  
4:20-4:30 Complications with scaphoid and carpal injuries  
4:30-5:00 Panel discussion #4:  
5:00 Adjourn

## SATURDAY:

- 7:00-7:50 Continental breakfast
- 7:50-8:00 Summary

### Challenges to overcome with periprosthetic fractures:

- 8:00-8:10 Balancing simplicity with complexity:  
pre-op planning for periprosthetic fractures
- 8:10-8:20 Nailing vs plating for distal femoral periprosthetic fractures
- 8:20-8:30 Dealing with bone loss in periprosthetic femur fractures
- 8:30-8:50 Panel discussion with cases (#5)

### Improving your foot and ankle fracture care:

- 8:50-9:00 Distal tib-fib fractures: to fix the fibula or not?
- 9:00-9:10 Any consensus on the syndesmosis? An update
- 9:10-9:20 Foot reconstructive options when ORIF fails
- 9:20-9:35 Panel discussion with cases (#6)
- 9:35-10:05 Break, visit exhibits

### Upper extremity trauma debates:

- 10:05-10:15 Displaced midshaft clavicle fracture: ORIF vs nonop
- 10:15-10:25 Complex elbow instability: move them early vs move them late
- 10:25-10:35 Midshaft humerus fx in polytrauma patient: nail vs plate
- 10:35-10:45 Radial nerve palsy with closed humerus fx: observe vs explore

### Pennsylvania Orthopaedic Society Presidential address

- 10:45-11:15 "Assessing outcomes in orthopaedic surgery"

### Improving your shoulder and elbow fracture care:

- 11:15-11:25 Violating the principles of ORIF
- 11:25-11:35 Choosing surgical approaches to proximal humerus fractures
- 11:35-11:45 Deciding on surgery vs no surgery: implications of the PROFER trial
- 11:45-12:00 Panel discussion with cases (#7)

### Bone grafting – how to decide what's best:

- 12:00-12:10 Techniques and choices for autograft harvest
- 12:10-12:20 How to choose the right product off the shelf
- 12:20-12:30 Panel discussion with cases (#8)
- 12:30 Adjourn

**Recommended Hotel:** The Westin Philadelphia  
99 South 17th Street, Philadelphia, PA 19103  
215-563-1600

The Westin Philadelphia is connected by a walkway to the Liberty Place shopping mall, with its 70 shops offering trendy outfits and various goodies for shoppers. Thus, the hotel is truly the most convenient place to do shopping in Philadelphia. Rooms in this 4-star hotel are also quite comfortable, with signature Westin Heavenly Beds gracing each accommodation type. Guests can make use of the high-speed internet access, cable TV with premium cable channels, and minibars. Guests can also request a refrigerator in their room.

## **Directions to the Health Science Campus:**

### **From West via PA Turnpike or Schuylkill Expressway:**

Take Turnpike to Exit 326 (Philadelphia/Valley Forge) then follow I-76 (Schuylkill Expressway) approximately 10 miles to Route 1 North (Roosevelt Boulevard). Take Route 1 North 2 miles to Broad Street exit. Follow exit ramp 2 blocks to Broad Street and turn right (Route 611 South). Proceed 3/4 mile to Health Sciences Center Campus. Turn left at Tioga Street to visitors' parking garage.

### **From Northeast via PA Turnpike or Roosevelt Boulevard:**

From PA Turnpike take Exit 351. Follow Route 1 South (Roosevelt Boulevard) approximately 10 miles (stay in right hand lanes) to Broad Street exit. Follow exit 1/2 mile to Broad Street and turn left (Route 611 South). Continue for approximately 3/4 mile to Health Sciences Center Campus. Turn left at Tioga Street to visitors' parking garage.

### **From North via I-95:**

Take Route 95 South to Cottman Avenue exit (Route 73 West). At bottom of ramp, continue through the intersection and follow signs for Route 73 West; this puts you on Cottman Avenue (Route 73 West). Follow Cottman Avenue for 2 miles to Roosevelt Boulevard (Route 1 South). Turn left on Route 1 South and go approximately 5 miles (stay in right hand lanes) to Broad Street exit. Follow exit 1/2 mile to Broad Street (Route 611 South) and turn left. Continue for approximately 3/4 mile to Health Sciences Center Campus. Turn left at Tioga Street to visitors' parking garage.

### **From South via I-95:**

Take Exit 22 (Route 676/Center City) and merge right onto Callowhill Street. Stay in right and lanes and follow Callowhill Street for 1 mile to Broad Street. Turn right on Broad Street and go approximately 4 miles (32 blocks) to Health Sciences Center Campus. Turn right at Tioga Street to visitors' parking garage.

### **From NJ Turnpike:**

Take NJ Turnpike to Exit 6; follow signs for PA Turnpike. Once on PA Turnpike, follow directions given "From Northeast."

### **From Cherry Hill, NJ area:**

Take Route 70 or Route 38 West to overpass for Route 30 West (Admiral Wilson Boulevard). Take Admiral Wilson Boulevard approximately 2 miles to Benjamin Franklin Bridge. Once over the bridge, follow signs for "Vine Street/Local Traffic." Stay in "local traffic" lanes approximately 8/10 miles (8 blocks) to Broad Street (14th Street). Turn right on Broad Street and go approximately 4 miles (32 blocks) to Health Sciences Center Campus. Turn right at Tioga Street to visitors' parking garage.

### **From NJ Shore Points:**

Take Atlantic City Expressway to Route 42 North, go approximately 10 miles to Route 676. Take Route 676 approximately 3.5 miles to Benjamin Franklin Bridge. Once across the bridge, follow directions "From Cherry Hill, NJ area."

# REGISTRATION FORM

## 8th Annual Philadelphia Orthopaedic Trauma Symposium

### “Improving your fracture management skills”

**FEES:** \$150.00 Physicians  
\$75.00 Residents, Fellows, Nurse Practitioners, and Physician Assistants

The registration fee includes conference material, continental breakfast, lunch and breaks. Deadline to register is Friday, June 3, 2016. After this date, please contact the office for space availability.

**TO REGISTER:** Complete the registration form and return it with your fee (No cash accepted) Make checks payable to: **Temple University Postgraduate**

**RETURN TO:** Arnold Meyer

Lewis Katz School of Medicine at Temple University

The Albert J. Finestone, M.D.

Office for Continuing Medical Education

3440 North Broad Street, 1st Floor Kresge Hall

Philadelphia, PA 19140

(215) 707-4787, (800) 23-TUCME or Fax (215) 707-8268

**Register online: [medicine.temple.edu/cme](http://medicine.temple.edu/cme)**

Name \_\_\_\_\_ Degree \_\_\_\_\_

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City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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Signature \_\_\_\_\_

Please indicate your preference for the lab session and a lunch discussion group which will be assigned on a first-come first-serve basis.

**Friday Lab 11:30 am-12:15 pm**

- Distal femur periprosthetic fracture ORIF
- Proximal humerus ORIF with fibular strut graft augment

**Friday Lab 3:15-4:00 pm**

- ORIF intraarticular distal tibia fracture
- Ulnar shortening osteotomy

**Friday Discussion groups with box lunch 12:15-1:45**

**(Case presentations and discussion in small groups)**

- Group A: Wrist fractures
- Group B: Hip and femur fractures
- Group C: Tibia and ankle fractures
- Group D: Pediatric fractures
- Group E: Shoulder and elbow fractures

**CANCELLATION POLICY:** Refunds for withdrawal after deduction of a \$20 fee made only upon written request 30 days prior to the CME activity starting date. No refunds will be made 29 days prior to the program start date. Lewis Katz School of Medicine at Temple University reserves the right to cancel the program and return all course monies without further obligations if sufficient attendance is not secured.

If you have any special needs that we can address to make your participation more meaningful and enjoyable, please contact us at 215-707-4787 or 800-23-TUCME.



**Lewis Katz School of Medicine**

*The Albert J. Finestone, M.D.,  
Office for Continuing Medical Education  
3440 North Broad Street, 1st floor Kresge Hall  
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Medical Education and Research Building, 1st and 2nd floors  
3500 North Broad Street, Philadelphia, PA 19140**

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