The 43rd Semi-Annual Spring and Fall Family Medicine Review
March 17-22, 2019 and October 20-25, 2019

Presented by

TEMPLE UNIVERSITY
Lewis Katz School of Medicine
and Lancaster General Health

• Earn up to 56 CME Credits in one week
  AAFP, AMA PRA Category 1™ and Contact Hours

• Comprehensive review with clinical pearls to benefit your patients immediately

• Connect with colleagues during buffet meals and coffee breaks

• Dive deeper into selected topics through interactive and hands-on workshops

Crowne Plaza
Philadelphia-Cherry Hill
2349 Marlton Pike W.
Cherry Hill, NJ

Register Online at https://medicine.temple.edu/cme
Don’t Miss the Intensive Pre-Conference Board Review

Pre-Conference Registration with Course Tuition: additional $200 / Pre-Conference only: $350

Ready to take the Family Medicine Boards?
Build confidence through practice!
Register now for our intensive Pre-Conference Board Review Question and Answer Session

• Questions and answers presented in ABFM Exam Format
• Family Practice experts analyze each question and provide detailed explanations and tips for each topic
• Includes a copy of Baldor’s Family Medicine Board Review Book with over 1,000 additional multiple choice questions in board exam format for an additional review

Overall Review Course Features

• Earn up to 56 CME credits in one week by attending lectures and five interactive workshops including up to three KSA’s
• Cost effective registration includes printed and electronic syllabus, five continental breakfasts, five lunches, four dinners, and coffee breaks all located in one convenient stress free venue
• Excellent preparation for certification or recertification exam of the American Board of Family Medicine
• Optional Pre-and-Post testing with computerized analysis
Pre-Conference Board Review Session
(optional – additional charge)

1:00 p.m. Welcome and Introductions
Nikitas J. Zervanos, MD
Course Director, TU Family Medicine Review
Director Emeritus, Family Practice Residency Program, LG Health
Clinical Professor, Department of Family and Community Medicine
Lewis Katz School of Medicine at Temple University

1:05 p.m. PC1. Board Review Questions (Part 1)

3:40 p.m. Break

3:50 p.m. PC2. Board Review Questions (Part 2)

5:30 p.m. Adjourn

The 43rd Semi-Annual Spring and Fall
Family Medicine Review Course

3:30 p.m. Registration open for Course Attendees

5:30 p.m. Dinner

6:30 p.m.
1. KEYNOTE LECTURE
The Albert J. Finestone, MD Annual Lecture

Current Food Controversies: The Egg, Gluten,
Milk Saturated Fats, etc. – What is the current Evidence?

7:30 p.m. Questions and Answers

7:40 – 10:00 p.m. Workshops

Register Now Online: https://medicine.temple.edu/cme
7:25 a.m.  Welcome and Introductory Remarks  
Nikitas J. Zervanos, MD  
Director, TU Family Medicine Review Course  
Director Emeritus, Family Practice Residency Program, LG Health  
Clinical Professor, Department of Family and Community Medicine  
Lewis Katz School of Medicine at Temple University  

Christine Stabler, MD, MBA  
Co-Course Director TU Family Medicine Review Course  
VP Academic Affairs  
Lancaster General Health  
Clinical Professor, Department of Family and Community Medicine  
Associate Dean  
Lewis Katz School of Medicine at Temple University  

Elizabeth Oquendo, JD  
Director, Continuing Medical Education  
Lewis Katz School of Medicine at Temple University  

7:45 - 8:45 a.m.  Pre-Test  

8:45 a.m.  Welcoming Remarks from the Moderator  

PUBLIC HEALTH AND PREVENTIVE MEDICINE  

8:50 a.m.  2. Immunizations Update - 2019  

9:30 a.m.  3. USPTF: Recommended Topics for the Boards in 2019  

9:50 a.m.  4. The Microbiome and its Clinical Implications  

10:10 a.m.  5. Addressing Gun Violence in the Primary Care Setting  

10:30 a.m.  Questions and Answers  

10:45 a.m.  Break  

NEPHROLOGY  

11:00 a.m.  6. Managing the Patient with Chronic Kidney Disease (CKD) in the Primary Care Office  

11:20 a.m.  7. Parathyroid Response to CKD  

11:40 a.m.  8. Polycystic Kidney Disease: Making the Diagnosis, Screening, and Long Term Treatment
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>12:00 p.m.</td>
<td>Questions and Answers</td>
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<tr>
<td>12:15 p.m.</td>
<td>Lunch</td>
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<tr>
<td><strong>UROLOGY</strong></td>
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<tr>
<td>1:15 p.m.</td>
<td>9. Interstitial Cystitis</td>
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<td>1:35 p.m.</td>
<td>10. Disorders of the Aging Prostate</td>
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<td>1:55 p.m.</td>
<td>11. Renal Calculi and Renal Colic</td>
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<td>2:15 p.m.</td>
<td>12. Testicular Masses</td>
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<tr>
<td>2:35 p.m.</td>
<td>Questions and Answers</td>
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<tr>
<td>2:50 p.m.</td>
<td>Break</td>
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<tr>
<td><strong>NEUROLOGY/GERIATRICS</strong></td>
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<td>3:05 p.m.</td>
<td>13. Dementia: Prevention and Early Diagnosis</td>
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<td>3:30 p.m.</td>
<td>14. Migraine Headache and Migraine Variants</td>
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<tr>
<td>3:55 p.m.</td>
<td>15. Syncope in the Elderly</td>
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<td>4:25 p.m.</td>
<td>16. Neurologic Manifestations of Vitamin Deficiencies</td>
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<td>4:55 p.m.</td>
<td>17. Medicare Annual Wellness Visit</td>
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<td>5:20 p.m.</td>
<td>18. Concussion &amp; Mild Traumatic Encephalopathy</td>
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<tr>
<td>5:45 p.m.</td>
<td>Questions and Answers</td>
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<tr>
<td>6:00 p.m.</td>
<td>Dinner</td>
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<tr>
<td>7:00 - 9:30 p.m.</td>
<td>Workshops</td>
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TUESDAY
March 19, 2019 / October 22, 2019

7:55 a.m. Welcoming Remarks

GASTROENTEROLOGY

8:00 a.m. 19. Inflammatory Bowel Disease (IBD)
8:25 a.m. 20. Non-Alcoholic Fatty Liver
8:50 a.m. 21. H. pylori Infection
9:10 a.m. 22. Colorectal Cancer Screening
9:30 a.m. 23. Celiac Disease and Gluten Sensitivity
9:50 a.m. Questions and Answers
10:05 a.m. Break

INFECTIOUS DISEASES

10:20 a.m. 24. Lyme Disease
10:45 a.m. 25. Infectious Disease Cases
11:10 a.m. 26. Managing HIV as a Chronic Illness
11:30 a.m. 27. Hospital Acquired Infections
12:00 p.m. Questions and Answers
12:15 p.m. Lunch

PULMONOLOGY

1:15 p.m. 28. Pulmonary Function Testing
1:45 p.m. 29. Severe Uncontrolled Asthma
2:15 p.m. 30. COPD
2:45 p.m.  31. Idiopathic Pulmonary Fibrosis

3:15 p.m.  Questions and Answers

3:30 p.m.  Break

**DERMATOLOGY**

3:45 p.m.  32. Advancements in Office Dermatology: What is Safe for Us to Treat and Not to Treat?

4:10 p.m.  33. Skin Changes that Predict Systemic Disease

4:35 p.m.  34. Pruritus

5:05 p.m.  35. Five Common Cases in Dermatology

5:25 p.m.  36. Viral Exanthem in Children

5:45 p.m.  Questions and Answers

6:00 p.m.  Dinner

7:00 - 9:30 p.m.  Workshops

**WEDNESDAY**  
*March 20, 2019 / October 23, 2019*

7:55 a.m.  Welcoming Remarks

**ENDOCRINOLOGY AND METABOLIC DISORDERS**

8:00 a.m.  37. Hypercholesterolemia with Case Studies

8:50 a.m.  38. Sensible Approach to Stepwise Therapy for Type 2 Diabetes

9:20 a.m.  39. Novel Approaches to Treating Hypothyroidism

9:40 a.m.  40. SIADH: Syndrome of Inappropriate Diuretic Hormone

10:00 a.m.  Questions and Answers

10:15 a.m.  Break

Register Now Online: https://medicine.temple.edu/cme
RHEUMATOLOGY

10:30 a.m.  41. Bone Mineral Density Guidelines: Interpretation and Frequency for Evaluating Osteoporosis

10:50 a.m.  42. Systemic Vasculitis

11:10 a.m.  43. Managing the Positive ANA

11:30 a.m.  44. Polymyalgia Rheumatica

11:50 a.m.  Questions and Answers

12:00 p.m.  Lunch

PSYCHIATRY

1:00 p.m.  45. Managing Depression in the Office Setting

1:20 p.m.  46. Integrated Behavioral Health

1:40 p.m.  47. Generalized Anxiety and Panic Disorders

2:00 p.m.  48. MAT: Suboxone and Beyond

2:20 p.m.  49. ADHD

2:40 p.m.  50. Bullying: Physical & Mental Consequences to the Victim as well as the Bully

3:00 p.m.  Questions and Answers

3:15 p.m.  Break

3:30 – 6:00 p.m.  Workshops

THURSDAY

March 21, 2019 / October 24, 2019

7:55 a.m.  Welcoming Remarks

CARDIOLOGY

8:00 a.m.  51. Aspirin: Current Evidence-Based Cardio and Cerebral-Vascular Indications & Contraindications
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:20 a.m.</td>
<td>52. Hypertension: What's the Latest?</td>
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<td>8:45 a.m.</td>
<td>53. Aortic Stenosis</td>
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<td>9:05 a.m.</td>
<td>54. Atrial Fibrillation</td>
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<td>9:25 a.m.</td>
<td>55. Managing the Heart Failure Patient in Primary Care</td>
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<tr>
<td>9:45 a.m.</td>
<td>Questions and Answers</td>
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<td>10:05 a.m.</td>
<td>Break</td>
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**OTOLARYNGOLOGY AND OPHTHALMOLOGY**

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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>10:15 a.m.</td>
<td>56. Salivary Gland Disorders</td>
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<td>10:35 a.m.</td>
<td>57. Chronic (Recurrent) Rhinosinusitis</td>
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<tr>
<td>10:55 a.m.</td>
<td>58. Eye Pain</td>
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<td>11:15 a.m.</td>
<td>59. Infections of the Eye</td>
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<tr>
<td>11:45 a.m.</td>
<td>Questions and Answers</td>
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<tr>
<td>12:00 p.m.</td>
<td>Lunch</td>
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**HEMATOLOGY/ONCOLOGY**

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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>1:00 p.m.</td>
<td>60. Blood Disorders in the Elderly</td>
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<td>1:30 p.m.</td>
<td>61. Managing the Novel Anticoagulants</td>
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<td>2:00 p.m.</td>
<td>62. The Pharmacopeia of Monoclonal Antibodies: How They Work</td>
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<td>2:30 p.m.</td>
<td>63. The WBC: When There are Too Many and Too Few</td>
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<tr>
<td>3:10 p.m.</td>
<td>Questions and Answers</td>
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<tr>
<td>3:25 p.m.</td>
<td>Break</td>
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**ORTHOPEDICS/SPORTS MEDICINE**

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>3:40 p.m.</td>
<td>64. Low Back Pain: How to Avoid Surgery</td>
</tr>
</tbody>
</table>
4:00 p.m. 65. Piriformis Muscle Syndrome
4:20 p.m. 66. Chronic Shoulder Pain
4:45 p.m. 67. Elbow Pain
5:15 p.m. 68. Demonstration: In Office Evaluation to Diagnose and Treat Low Back Pain, Shoulder Pain, Elbow Pain, and Piriformis Muscle Syndrome
5:45 p.m. Questions and Answers
6:00 p.m. Dinner
7:00 p.m. 69. The 27th Semi-Annual Mark A. Connelly Lecture
   The Opioid Epidemic
8:00 p.m. Questions and Answers
8:30 p.m. Adjournment

FRIDAY
March 22, 2019 / October 25, 2019

7:50 a.m. Welcoming Remarks

PEDIATRICS

7:55 a.m. 70. Autism Spectrum Disorders: Screening, Diagnosis, and Best Practices
8:15 a.m. 71. Kawasaki Disease
8:35 a.m. 72. Antibiotics Practice Guidelines
8:55 a.m. 73. Epstein Barr Virus in Children
9:20 a.m. 74. Neck Masses in Children
9:45 a.m. Questions and Answers
10:00 a.m. Break
WOMEN’S HEALTH (OB/GYN)

10:15 a.m. 75. Contraceptive Options Update

10:35 a.m. 76. Amenorrhea

11:05 a.m. 77. Hormone Therapy for Post-Menopausal Women

11:35 a.m. 78. Thyroid Disease in Pregnancy

11:55 a.m. Questions and Answers

12:10 p.m. Lunch

1:10 p.m. Post-Course Exam

2:10 - 4:40 p.m. Workshops

4:40 p.m. Adjournment

WORKSHOPS

SUNDAY (March 17, 2019 / October 20, 2019) WORKSHOPS 7:40 – 10:00 p.m.

79. Immunizations

80. Nephrology for the Primary Care Physician

81. Managing the Obese or Overweight Patient

82. Making Effective Use of Diagnostic Imaging

83. Hyperlipidemia

84. Geriatrics: What You Need to Know for the Boards

MONDAY (March 18, 2019 / October 21, 2019) WORKSHOPS 7:00 – 9:30 p.m.

*85. Knowledge Self-Assessment (KSA) (ABFM) Workshop on Care of the Vulnerable Elderly

86. Common Urologic Problems in Primary Care

87. Management of Dementia

88. Infectious Diseases in Primary Care

89. Electrocardiography: Part 1 Basic (Part II, Advanced held on Tuesday)

90. Gastroenterology with Case Presentations

Register Now Online: https://medicine.temple.edu/cme
**TUESDAY** (March 19, 2019 / October 22, 2019) **WORKSHOPS 7:00 – 9:30 p.m.**

*91. Knowledge Self-Assessment (KSA) (ABFM) Workshop on Coronary Artery Disease*

92. Common Musculoskeletal Injuries in Athletes and During Exercise

93. Electrocardiography: Part II Advanced (Part I, Held on Monday)

94. Neurology for the Primary Care Physician

95. Dermatology for the Primary Care Physician (Including hands on experience)

96. Rheumatology for the Primary Care Physician (Including hands on joint injection demonstration)

**WEDNESDAY** (March 20, 2019 / October 23, 2019) **WORKSHOPS 3:30 – 6:00 p.m.**

*97. Knowledge Self-Assessment (KSA) (ABFM) Workshop on Depression*

98. Otorhinolaryngology for the Primary Care Physician

99. Pain Management

100. CPR

101. Pulmonology Cases

*102. Strategies for Taking the Family Medicine Board Examination*

103. Effective use of Technology in the Primary Care Office: Best Apps, Sites, Screeners, Billing and Coding

**FRIDAY** (March 22, 2019 / October 25, 2019) **WORKSHOPS 2:10 – 4:40 p.m.**

104. Gynecology Workshop (Including some hands on demonstrations)

105. Addiction Medicine

106. Ophthalmology for the Primary Care Physician (Hands on Demo)

107. Pediatric Challenges in Primary Care Practice

108. Genetic Testing in Primary Care

*these workshops not approved for AAFP credit*
Family Medicine Review Educational Objectives
Following completion of this program, participants should be able to:
• Diagnose and treat common Family Medicine problems using current and latest evidence-based information
• Improve psychomotor skills utilized in office practice
• Prepare to pass the American Board of Family Medicine exam
• Navigate the Knowledge Self-Assessment Modules (KSA) formerly S.A.M. required by the American Board of Family Medicine
• Increase knowledge, competence, and performance through a comprehensive clinical review

Target Audience
Family Practitioners, General Practitioners, Internists, Physician Assistants, Nurse Practitioners, and Nurses.

Cancellation Policy
Refunds for withdrawal after deduction of $100.00 fee made only upon written request prior to February 22, 2019 for the Spring Course and September 25, 2019 for the Fall Course. Lewis Katz School of Medicine at Temple University reserves the right to cancel the program and return all course monies without further obligation if sufficient attendance is not secured. No refunds after February 22, 2019 for the Spring Course and September 25, 2019 for the Fall Course.

Conference Site and Hotel Information
The Crowne Plaza Philadelphia-Cherry Hill is the host of the Family Medicine Review Course. Centrally located in South Jersey but easily accessible to Philadelphia for day trips to historical sites, great shopping, dining and more. The resort offers free WIFI, a fitness center, and free parking.

Reservations
You can book your hotel accommodations online by visiting:
- Spring Booking Website: https://book.passkey.com/e/49703771
- Fall Booking Website: https://book.passkey.com/e/49819253.

You can also make your reservations by calling the hotel directly at 888-233-9257 between 7:00 A.M. and 11:00 P.M. EST.
- Room block Name: 43rd Annual Spring and Fall Family Medicine Review Course
- Room Rate: Spring: $129 per night (plus tax) Fall: $121 per night (plus tax)
- Group Rate Cut-off Date: Spring: February 17, 2019 at 5 pm. Fall: September 19, 2019 at 5 pm

Accreditation Statement
Lewis Katz School of Medicine at Temple University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education for physicians.

Certification Statement
Lewis Katz School of Medicine at Temple University designates this live activity for a maximum of 56.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Credit
This Live activity, 43rd Semi-Annual Spring and Fall Family Medicine Review with a beginning date of 3/17/2019 has been reviewed and is acceptable for up to 56.0 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please note that AAFP CME credit was not awarded to workshops 85, 91, 97 and 102.

Register Now Online: https://medicine.temple.edu/cme
ABIM MOC Statement
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 56.0 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

To successfully complete this CME activity, a participant must complete the activity post-test with a score of 65% or higher, provide his or her ABIM ID number and date of birth (month and day only), and grant permission for the Lewis Katz School of Medicine at Temple University to transmit the data to the Accreditation Council for Continuing Medical Education (ACCME) for reporting of points to the ABIM. Physicians who do not know their six-digit ABIM ID number can look it up on ABIM’s website at https://www.abim.org/online/findcand.aspx

Nursing Accreditation
Temple University Hospital Department of Nursing is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Registered Nurses will receive up to 56.0 Contact Hours.

Disclosure Policy
It is the policy of the Lewis Katz School of Medicine at Temple University, The Albert J. Finestone, M.D, Office of Continuing Medical Education that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The Accreditation Council for Continuing Medical Education (ACCME) considers financial relationships to create actual conflicts of interest in CME when individuals have both a financial relationship with a commercial interest and the opportunity to affect the content of CME about the products or services of that commercial interest. The ACCME defines a commercial interest as “any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.” The ACCME does not consider providers of clinical service directly to patients to be commercial interests. The Lewis Katz School of Medicine at Temple University has established procedures in place that will identify and resolve all conflicts of interest prior to educational activity. Detailed disclosure will be made prior to the activity.
Check the appropriate course and fee(s):

- March 17-22, 2019
- October 20-25, 2019

Fees:

- $200.00 - Pre-Conference Board Review when added to course
- $1,495.00 - Course Registration
- $1,295.00 - Nurses, PA-C’s and Fellows
- $1,295.00 - Residents (with a letter from Department Chair)
- $350.00 - Pre-Conference Board Review only

Individual days you will be attending:

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10% discount for each person when 3 or more register from a group or organization or when a past participant brings a new participant (someone who has never attended our Spring or Fall Family Medicine Review). You must register at the same time (no exceptions).

Course registration includes 5 continental breakfasts, 5 lunches and 4 dinners. If additional guest meal tickets are needed, indicate the number of tickets below.

- GUEST MEAL TICKETS (BREAKFAST) - $17.50 each    # of tickets ______
- GUEST MEAL TICKETS (LUNCH) - $28.00 each       # of tickets ______
- GUEST MEAL TICKETS (DINNER) - $41.00 each       # of tickets ______

To Register:
Complete the registration form and return it with your fee (No cash accepted)

Make checks payable to: Temple University Postgraduate

Return To:
Katrina Ilagan
Lewis Katz School of Medicine at Temple University
The Albert J. Finestone, MD Office for Continuing Medical Education
3440 North Broad Street • Philadelphia, PA 19140
Phone: 800-23-TUCME or 215-707-4787
Fax: 215-707-8268

Register Online:
https://medicine.temple.edu/cme

WORKSHOPS
(Please specify workshop preferences by writing in workshop numbers listed on pgs. 10-11).

Sunday Evening
______ 1st Choice ______ 2nd Choice ______ 3rd Choice
Monday Evening
______ 1st Choice ______ 2nd Choice ______ 3rd Choice
Tuesday Evening
______ 1st Choice ______ 2nd Choice ______ 3rd Choice
Wednesday Afternoon
______ 1st Choice ______ 2nd Choice ______ 3rd Choice
Friday Afternoon
______ 1st Choice ______ 2nd Choice ______ 3rd Choice

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The Albert J. Finestone, M.D.
Office for Continuing Medical Education
3440 North Broad Street, Kresge Hall, Suite 360
Philadelphia, PA 19140

Lewis Katz School of Medicine

43rd Semi-Annual
Family Medicine Review

March 17-22, 2019
October 20-25, 2019

Last Course Was Sold Out!
Register now to save your seat!
https://medicine.temple.edu/cme