

The 43rd Semi-Annual Fall Family Medicine Review

October 20-25, 2019

Presented by



Lewis Katz School of Medicine

and **Lancaster General Health**

- **Earn up to 56 CME Credits in one week**
AAFP, AMA PRA Category 1™ and Contact Hours
- **Comprehensive review with clinical pearls to benefit your patients immediately**
- **Connect with colleagues during buffet meals and coffee breaks**
- **Dive deeper into selected topics through interactive and hands-on workshops**



.....
Crowne Plaza
Philadelphia-Cherry Hill
2349 Marlton Pike W.
Cherry Hill, NJ
.....

Register Online at <https://medicine.temple.edu/cme>

Don't Miss the Intensive Pre-Conference Board Review

October 20, 2019

**Pre-Conference Registration with Course Tuition:
additional \$200 / Pre-Conference only: \$350**

Ready to take the Family Medicine Boards?

Build confidence through practice!

*Register now for our intensive Pre-Conference
Board Review Question and Answer Session*

- *Questions and answers presented in ABFM Exam Format*
- *Family Practice experts analyze each question and provide detailed explanations and tips for each topic*
- *Includes a copy of Baldor's Family Medicine Board Review Book with over 1,000 additional multiple choice questions in board exam format for an additional review*

**Earn up to
4.25 credits for
this session**

Overall Review Course Features

- ***Earn up to 56 CME credits in one week by attending lectures and five interactive workshops including up to three KSA's***
- ***Cost effective registration includes printed and electronic syllabus, five continental breakfasts, five lunches, four dinners, and coffee breaks all located in one convenient stress free venue***
- ***Excellent preparation for certification or recertification exam of the American Board of Family Medicine***
- ***Optional Pre-and-Post testing with computerized analysis***

► SUNDAY

October 20, 2019

Pre-Conference Board Review Session (optional – additional charge)

- | | |
|------------------|---|
| 1:00 p.m. | Welcome and Introductions
Nikitas J. Zervanos, MD
Course Director, TU Family Medicine Review
Director Emeritus, Family Practice Residency Program, LG Health
Clinical Professor, Department of Family and Community Medicine
Lewis Katz School of Medicine at Temple University |
| 1:05 p.m. | PC1. Board Review Questions (Part 1) |
| 3:40 p.m. | Break |
| 3:50 p.m. | PC2. Board Review Questions (Part 2) |
| 5:30 p.m. | Adjourn |

► The 43rd Semi-Annual Fall Family Medicine Review Course

- | | |
|--------------------------|---|
| 3:30 p.m. | Registration open for Course Attendees |
| 5:30 p.m. | Dinner |
| 6:30 p.m. | 1. KEYNOTE LECTURE
The Albert J. Finestone, MD Annual Lecture

Current Food Controversies: The Egg, Gluten,
Milk Saturated Fats, etc. -- What is the current Evidence? |
| 7:30 p.m. | Questions and Answers |
| 7:40 – 10:00 p.m. | Workshops |

► MONDAY

October 21, 2019

- 7:25 a.m. Welcome and Introductory Remarks**
Nikitas J. Zervanos, MD
Director, TU Family Medicine Review Course
Director Emeritus, Family Practice Residency Program, LG Health
Clinical Professor, Department of Family and Community Medicine
Lewis Katz School of Medicine at Temple University
- Christine Stabler, MD, MBA
Co-Course Director TU Family Medicine Review Course
VP Academic Affairs
Lancaster General Health
Clinical Professor, Department of Family and Community Medicine
Associate Dean
Lewis Katz School of Medicine at Temple University
- Arnold I. Meyer, Ed.D., FACEHP
Interim Director
The Albert J. Finestone, MD Office for Continuing Medical Education
Lewis Katz School of Medicine at Temple University

7:45 - 8:45 a.m. Pre-Test

8:45 a.m. Welcoming Remarks from the Moderator

PUBLIC HEALTH AND PREVENTIVE MEDICINE

- 8:50 a.m. 2. Immunizations Update - 2019**
- 9:30 a.m. 3. USPTF: Recommended Topics for the Boards in 2019**
- 9:50 a.m. 4. The Microbiome and its Clinical Implications**
- 10:10 a.m. 5. Addressing Gun Violence in the Primary Care Setting**
- 10:30 a.m. Questions and Answers**
- 10:45 a.m. Break**

NEPHROLOGY

- 11:00 a.m. 6. Managing the Patient with Chronic Kidney Disease (CKD) in the Primary Care Office**
- 11:20 a.m. 7. Parathyroid Response to CKD**

11:40 a.m.	8. Polycystic Kidney Disease: Making the Diagnosis, Screening, and Long Term Treatment
12:00 p.m.	Questions and Answers
12:15 p.m.	Lunch

UROLOGY

1:15 p.m.	9. Interstitial Cystitis
1:35 p.m.	10. Disorders of the Aging Prostate
1:55 p.m.	11. Renal Calculi and Renal Colic
2:15 p.m.	12. Testicular Masses
2:35 p.m.	Questions and Answers
2:50 p.m.	Break

NEUROLOGY/GERIATRICS

3:05 p.m.	13. Dementia: Prevention and Early Diagnosis
3:30 p.m.	14. Migraine Headache and Migraine Variants
3:55 p.m.	15. Syncope in the Elderly
4:25 p.m.	16. Neurologic Manifestations of Vitamin Deficiencies
4:55 p.m.	17. Medicare Annual Wellness Visit
5:20 p.m.	18. Concussion & Mild Traumatic Encephalopathy
5:45 p.m.	Questions and Answers
6:00 p.m.	Dinner
7:00 - 9:30 p.m.	Workshops

► TUESDAY

October 22, 2019

7:55 a.m. Welcoming Remarks

GASTROENTEROLOGY

8:00 a.m. 19. Inflammatory Bowel Disease (IBD)

8:25 a.m. 20. Non-Alcoholic Fatty Liver

8:50 a.m. 21. H. pylori Infection

9:10 a.m. 22. Colorectal Cancer Screening

9:30 a.m. 23. Celiac Disease and Gluten Sensitivity

9:50 a.m. Questions and Answers

10:05 a.m. Break

INFECTIOUS DISEASES

10:20 a.m. 24. Lyme Disease

10:45 a.m. 25. Infectious Disease Cases

11:10 a.m. 26. Managing HIV as a Chronic Illness

11:30 a.m. 27. Hospital Acquired Infections

12:00 p.m. Questions and Answers

12:15 p.m. Lunch

PULMONOLOGY

1:15 p.m. 28. Pulmonary Function Testing

1:45 p.m. 29. Severe Uncontrolled Asthma

2:15 p.m. 30. COPD

2:45 p.m. 31. Idiopathic Pulmonary Fibrosis

3:15 p.m. Questions and Answers

3:30 p.m. Break

DERMATOLOGY

3:45 p.m. 32. Advancements in Office Dermatology: What is Safe for Us to Treat and Not to Treat?

4:10 p.m. 33. Skin Changes that Predict Systemic Disease

4:35 p.m. 34. Pruritus

5:05 p.m. 35. Five Common Cases in Dermatology

5:25 p.m. 36. Viral Exanthem in Children

5:45 p.m. Questions and Answers

6:00 p.m. Dinner

7:00 - 9:30 p.m. Workshops

► WEDNESDAY

October 23, 2019

7:55 a.m. Welcoming Remarks

ENDOCRINOLOGY AND METABOLIC DISORDERS

8:00 a.m. 37. Hypercholesterolemia with Case Studies

8:50 a.m. 38. Sensible Approach to Stepwise Therapy for Type 2 Diabetes

9:20 a.m. 39. Novel Approaches to Treating Hypothyroidism

9:40 a.m. 40. SIADH: Syndrome of Inappropriate Diuretic Hormone

10:00 a.m. Questions and Answers

10:15 a.m. Break

RHEUMATOLOGY

- 10:30 a.m. 41. Bone Mineral Density Guidelines: Interpretation and Frequency for Evaluating Osteoporosis
- 10:50 a.m. 42. Systemic Vasculitis
- 11:10 a.m. 43. Managing the Positive ANA
- 11:30 a.m. 44. Polymyalgia Rheumatica
- 11:50 a.m. Questions and Answers
- 12:00 p.m. Lunch

PSYCHIATRY

- 1:00 p.m. 45. Managing Depression in the Office Setting
- 1:20 p.m. 46. Integrated Behavioral Health
- 1:40 p.m. 47. Generalized Anxiety and Panic Disorders
- 2:00 p.m. 48. MAT: Suboxone and Beyond
- 2:20 p.m. 49. ADHD
- 2:40 p.m. 50. Bullying: Physical & Mental Consequences to the Victim as well as the Bully
- 3:00 p.m. Questions and Answers
- 3:15 p.m. Break
- 3:30 – 6:00 p.m. Workshops

► THURSDAY

October 24, 2019

- 7:55 a.m. Welcoming Remarks

CARDIOLOGY

- 8:00 a.m. 51. Aspirin: Current Evidence-Based Cardio and Cerebral-Vascular Indications & Contraindications

8:20 a.m.	52. Hypertension: What's the Latest?
8:45 a.m.	53. Aortic Stenosis
9:05 a.m.	54. Atrial Fibrillation
9:25 a.m.	55. Managing the Heart Failure Patient in Primary Care
9:45 a.m.	Questions and Answers
10:05 a.m.	Break

OTOLARYNGOLOGY AND OPHTHALMOLOGY

10:15 a.m.	56. Salivary Gland Disorders
10:35 a.m.	57. Chronic (Recurrent) Rhinosinusitis
10:55 a.m.	58. Eye Pain
11:15 a.m.	59. Infections of the Eye
11:45 a.m.	Questions and Answers
12:00 p.m.	Lunch

HEMATOLOGY/ONCOLOGY

1:00 p.m.	60. Blood Disorders in the Elderly
1:30 p.m.	61. Managing the Novel Anticoagulants
2:00 p.m.	62. The Pharmacopeia of Monoclonal Antibodies: How They Work
2:30 p.m.	63. The WBC: When There are Too Many and Too Few
3:10 p.m.	Questions and Answers
3:25 p.m.	Break

ORTHOPEDICS/SPORTS MEDICINE

3:40 p.m.	64. Low Back Pain: How to Avoid Surgery
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4:00 p.m.	65. Piriformis Muscle Syndrome
4:20 p.m.	66. Chronic Shoulder Pain
4:45 p.m.	67. Elbow Pain
5:15 p.m.	68. Demonstration: In Office Evaluation to Diagnose and Treat Low Back Pain, Shoulder Pain, Elbow Pain, and Piriformis Muscle Syndrome
5:45 p.m.	Questions and Answers
6:00 p.m.	Dinner
7:00 p.m.	69. The 27th Semi-Annual Mark A. Connelly Lecture <i>The Opioid Epidemic</i>
8:00 p.m.	Questions and Answers
8:30 p.m.	Adjournment

► FRIDAY

October 25, 2019

7:50 a.m. Welcoming Remarks

PEDIATRICS

7:55 a.m.	70. Autism Spectrum Disorders: Screening, Diagnosis, and Best Practices
8:15 a.m.	71. Kawasaki Disease
8:35 a.m.	72. Antibiotics Practice Guidelines
8:55 a.m.	73. Epstein Barr Virus in Children
9:20 a.m.	74. Neck Masses in Children
9:45 a.m.	Questions and Answers
10:00 a.m.	Break

WOMEN'S HEALTH (OB/GYN)

10:15 a.m.	75. Contraceptive Options Update
10:35 a.m.	76. Amenorrhea
11:05 a.m.	77. Hormone Therapy for Post-Menopausal Women
11:35 a.m.	78. Thyroid Disease in Pregnancy
11:55 a.m.	Questions and Answers
12:10 p.m.	Lunch
1:10 p.m.	Post-Course Exam
2:10 - 4:40 p.m.	Workshops
4:40 p.m.	Adjournment

► WORKSHOPS

► SUNDAY (*October 20, 2019*) WORKSHOPS 7:40 – 10:00 p.m.

- 79. Immunizations
- 80. Nephrology for the Primary Care Physician
- 81. Managing the Obese or Overweight Patient
- 82. Making Effective Use of Diagnostic Imaging
- 83. Hyperlipidemia
- 84. Geriatrics: What You Need to Know for the Boards

► MONDAY (*October 21, 2019*) WORKSHOPS 7:00 – 9:30 p.m.

- *85. Knowledge Self-Assessment (KSA) (ABFM) Workshop on Care of the Vulnerable Elderly
- 86. Common Urologic Problems in Primary Care
- 87. Management of Dementia
- 88. Infectious Diseases in Primary Care
- 89. Electrocardiography: Part 1 Basic (Part II, Advanced held on Tuesday)
- 90. Gastroenterology with Case Presentations

▶ **TUESDAY** (October 22, 2019) **WORKSHOPS 7:00 – 9:30 p.m.**

- *91. Knowledge Self-Assessment (KSA) (ABFM) Workshop on Coronary Artery Disease
- 92. Common Musculoskeletal Injuries in Athletes and During Exercise
- 93. Electrocardiography: Part II Advanced (Part I, Held on Monday)
- 94. Neurology for the Primary Care Physician
- 95. Dermatology for the Primary Care Physician (Including hands on experience)
- 96. Rheumatology for the Primary Care Physician (Including hands on joint injection demonstration)

▶ **WEDNESDAY** (October 23, 2019) **WORKSHOPS 3:30 – 6:00 p.m.**

- *97. Knowledge Self-Assessment (KSA) (ABFM) Workshop on Depression
- 98. Otorhinolaryngology for the Primary Care Physician
- 99. Pain Management
- 100. CPR
- 101. Pulmonology Cases
- *102. Strategies for Taking the Family Medicine Board Examination
- 103. Effective use of Technology in the Primary Care Office: Best Apps, Sites, Screeners, Billing and Coding

▶ **FRIDAY** (October 25, 2019) **WORKSHOPS 2:10 – 4:40 p.m.**

- 104. Gynecology Workshop (Including some hands on demonstrations)
- 105. Addiction Medicine
- 106. Ophthalmology for the Primary Care Physician (Hands on Demo)
- 107. Pediatric Challenges in Primary Care Practice
- 108. Genetic Testing in Primary Care

**these workshops not approved for AAFP credit*

Family Medicine Review Educational Objectives

Following completion of this program, participants should be able to:

- Diagnose and treat common Family Medicine problems using current and latest evidence based information
- Improve psychomotor skills utilized in office practice
- Prepare to pass the American Board of Family Medicine exam
- Navigate the Knowledge Self-Assessment Modules (KSA) formerly S.A.M. required by the American Board of Family Medicine
- Increase knowledge, competence, and performance through a comprehensive clinical review

Target Audience

Family Practitioners, General Practitioners, Internists, Physician Assistants, Nurse Practitioners, and Nurses.

Cancellation Policy

Refunds for withdrawal after deduction of \$100.00 fee made only upon written request prior to September 25, 2019 for the Fall Course. Lewis Katz School of Medicine at Temple University reserves the right to cancel the program and return all course monies without further obligation if sufficient attendance is not secured. No refunds after September 25, 2019 for the Fall Course.

Conference Site and Hotel Information

The Crowne Plaza Philadelphia-Cherry Hill is the host of the Family Medicine Review Course. Centrally located in South Jersey but easily accessible to Philadelphia for day trips to historical sites, great shopping, dining and more. The resort offers free WIFI, a fitness center, and free parking.

Reservations

You can book your hotel accommodations online by visiting:

- Fall Booking Website: <https://book.passkey.com/e/49819253>.

You can also make your reservations by calling the hotel directly at 888-233-9527 between 7:00 A.M. and 11:00 P.M. EST.

- Room block Name: Temple University 43rd Semi Annual Family Medicine Review Course
- Room Rate: Fall: \$121 per night (plus tax)
- Group Rate Cut-off Date: Fall: September 19, 2019 at 5 pm

Accreditation Statement

Lewis Katz School of Medicine at Temple University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education for physicians.

Certification Statement

Lewis Katz School of Medicine at Temple University designates this live activity for a maximum of 56.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Credit

This Live activity, 43rd Semi-Annual Spring and Fall Family Medicine Review with a beginning date of 3/17/2019 has been reviewed and is acceptable for up to 56.0 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please note that AAFP CME credit was not awarded to workshops 85, 91, 97 and 102.

ABIM MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 56.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

To successfully complete this CME activity, a participant must complete the activity post-test with a score of 65% or higher, provide his or her ABIM ID number and date of birth (month and day only), and grant permission for the Lewis Katz School of Medicine at Temple University to transmit the data to the Accreditation Council for Continuing Medical Education (ACCME) for reporting of points to the ABIM. Physicians who do not know their six-digit ABIM ID number can look it up on ABIM's website at <https://www.abim.org/online/findcand.aspx>

Nursing Accreditation

Temple University Hospital Department of Nursing is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Registered Nurses will receive up to 56.0 Contact Hours.

Disclosure Policy

It is the policy of the Lewis Katz School of Medicine at Temple University, The Albert J. Finestone, M.D. Office of Continuing Medical Education that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The Accreditation Council for Continuing Medical Education (ACCME) considers financial relationships to create actual conflicts of interest in CME when individuals have both a financial relationship with a commercial interest and the opportunity to affect the content of CME about the products or services of that commercial interest. The ACCME defines a commercial interest as "any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients." The ACCME does not consider providers of clinical service directly to patients to be commercial interests. The Lewis Katz School of Medicine at Temple University has established procedures in place that will identify and resolve all conflicts of interest prior to educational activity. Detailed disclosure will be made prior to the activity.

SAVE-THE-DATE

44th Semi-Annual Spring and Fall Family Medicine Review

***March 22-27, 2020
&
October 4-9, 2020***

at the Crowne Plaza-Philadelphia/Cherry Hill, NJ

Course details and registration will be available by year end.

43rd Semi-Annual Family Medicine Review

October 20-25, 2019

Check the appropriate fee(s):

- Fees:**
- \$200.00 - Pre-Conference Board Review when added to course
 - \$1,495.00 - Course Registration
 - \$1,295.00 - Nurses, PA-Cs and Fellows
 - \$1,295.00 - Residents (with a letter from Department Chair)
 - \$350.00 - Pre-Conference Board Review only

\$400.00 - Single Day Registration

X _____ # of Days
Total Fee _____

Individual days you will be attending:

S M T W Th F

10% discount for each person when 3 or more register from a group or organization or when a past participant brings a new participant (someone who has never attended our Spring or Fall Family Medicine Review). You must register at the same time (no exceptions).

Course registration includes 5 continental breakfasts, 5 lunches and 4 dinners. If additional guest meal tickets are needed, indicate the number of tickets below.

GUEST MEAL TICKETS (BREAKFAST) - \$17.50 each # of tickets _____

GUEST MEAL TICKETS (LUNCH) - \$28.00 each # of tickets _____

GUEST MEAL TICKETS (DINNER) - \$41.00 each # of tickets _____

Name _____

Address _____

City _____ State _____ Zip _____

Daytime Telephone# _____ Fax _____

E-Mail Address _____

Specialty _____

Discover/Mastercard/Visa# _____

Expiration Date _____

Signature _____

To Register:

Complete the registration form and return it with your fee (*No cash accepted*)

Make checks payable to: **Temple University Postgraduate**

Return To:

Katrina Ilagan
Lewis Katz School of Medicine at Temple University
The Albert J. Finestone, MD Office for Continuing Medical Education
3440 North Broad Street • Philadelphia, PA 19140
Phone: 800-23-TUCME or 215-707-4787
Fax: 215-707-8268

Register Online:

<https://medicine.temple.edu/cme>

WORKSHOPS

(Please specify workshop preferences by writing in workshop numbers listed on pgs. 10-11).

Sunday Evening

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Monday Evening

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Tuesday Evening

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Wednesday Afternoon

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Friday Afternoon

1st Choice _____ 2nd Choice _____ 3rd Choice _____

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Lewis Katz School of Medicine

The Albert J. Finestone, M.D.
Office for Continuing Medical Education
3440 North Broad Street, Kresge Hall, Suite 360
Philadelphia, PA 19140

43rd Semi-Annual Fall Family Medicine Review

October 20-25, 2019

**Last Fall's Course
Was Sold Out!**

Register now to save your seat!
<https://medicine.temple.edu/cme>

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