

The 44th Semi-Annual Spring and Fall Family Medicine Review

March 22-27, 2020 and October 4-9, 2020

Presented by



Lewis Katz School of Medicine
and Lancaster General Health

NEW!
Pain Management
Pre-Conference Session
Details Inside!

- **Earn up to 56.25 CME Credits in one week**
AAFP and AMA PRA Category 1™
Up to 25 pharmacology hours
- **Comprehensive review with clinical pearls to benefit your patients immediately**
- **Connect with colleagues during buffet meals and coffee breaks**
- **Dive deeper into selected topics through interactive and hands-on workshops**



Crowne Plaza
Philadelphia-Cherry Hill
2349 Marlton Pike W.
Cherry Hill, NJ

NO
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Register Online at <https://medicine.temple.edu/cme>

Call: 800-238-8263 | Follow us on Twitter @TempleCME

Don't Miss this Important Pain Management Pre-Conference Program

Sunday, March 22, 2020 and October 4, 2020

***Pre-Conference Registration with Course Tuition:
additional \$200 / Pre-Conference only: \$350***

- *Stay current with the latest Pain Management developments and trends.*
- *Develop a patient-centered approach to treating and managing Pain.*
- *Learn about relevant and current non-narcotic and non-pharmacologic interventions.*
- *Bring your own challenging cases for analysis by our expert faculty.*
- *Helps satisfy various state pain management CME requirements.*

*Examples: Pennsylvania – 2 hours of pain management
New Jersey - 1 hour of prescription opioid drugs*

**Earn up to
4.25 credits for
this session**

Overall Review Course Features

- ***Earn up to 56.25 CME credits in one week by attending lectures and five interactive workshops including up to three KSA's***
- ***Cost-effective registration includes printed and electronic syllabus, five continental breakfasts, five lunches, four dinners, and coffee breaks all located in one convenient stress-free venue***
- ***Excellent preparation for certification or recertification exam of the American Board of Family Medicine***
- ***Optional Pre-and-Post testing with computerized analysis***

► SUNDAY

March 22, 2020 / October 4, 2020

Pain Management Pre-Conference Program (optional – additional charge)

- 1:00 p.m.** **Welcome and Introductions**
- Nikitas J. Zervanos, MD
Course Director, TU Family Medicine Review
Director Emeritus, Family Practice Residency Program, LG Health
Clinical Professor, Department of Family and Community Medicine
Lewis Katz School of Medicine at Temple University
- 1:05 p.m.** **PC1. Acute Perioperative Pain**
- 1:45 p.m.** **PC2. Pain Therapy**
- 2:25 p.m.** **PC3. Analgesic Medical Model**
- 3:05 p.m.** **PC4. Non-Pharmacologic Pain Management**
- 3:50 p.m.** **Break**
- 4:00 p.m.** **PC5. Case Studies in Pain Management**
- 5:00 p.m.** **PC6. Cases from our Attendees and Questions/Answers**
- 5:30 p.m.** **Adjourn**

► **The 44th Semi-Annual Spring & Fall Family Medicine Review Course**

- 3:30 p.m.** **Registration open for Course Attendees**
- 5:30 p.m.** **Dinner**
- 6:30 p.m.** **1. KEYNOTE LECTURE**
The Albert J. Finestone, MD Annual Lecture
Prescribing Marijuana
- 7:30 p.m.** **Questions and Answers**
- 7:40 – 10:00 p.m.** **Workshops**

MONDAY

March 23, 2020 / October 5, 2020

7:25 a.m.	Welcome and Introductory Remarks Nikitas J. Zervanos, MD Director, TU Family Medicine Review Course Director Emeritus, Family Practice Residency Program, LG Health Clinical Professor, Department of Family and Community Medicine Lewis Katz School of Medicine at Temple University
	Christine Stabler, MD, MBA Co-Course Director TU Family Medicine Review Course VP Academic Affairs Lancaster General Health Clinical Professor, Department of Family and Community Medicine Associate Dean Lewis Katz School of Medicine at Temple University
	Arnold I. Meyer, Ed.D., FACEHP Director The Albert J. Finestone, MD Office for Continuing Medical Education Lewis Katz School of Medicine at Temple University

7:45 - 8:45 a.m. Pre-Test

8:45 a.m. **Welcoming Remarks from the Moderator**

PUBLIC HEALTH AND PREVENTIVE MEDICINE

8:50 a.m.	2. Immunizations Update - 2020
9:30 a.m.	3. How to Prescribe an Exercise Program
9:55 a.m.	4. Aspirin as Primary Prevention: New Guidelines
10:10 a.m.	5. The Effect of Screen Time and Social Media on Health
10:30 a.m.	Q & A
10:45 a.m.	Break

NEPHROLOGY

11:00 a.m.	6. Drug-Induced Nephrotoxicity
11:20 a.m.	7. Nephrotic Syndrome
11:45 a.m.	8. Interstitial Nephritis
12:10 p.m.	Q & A
12:25 p.m.	Lunch

UROLOGY

1:20 p.m.	9. PSA Screening
1:45 p.m.	10. Renal Calculi: Preventing Kidney Stones and Their Recurrence
2:10 p.m.	11. Urinalysis
2:30 p.m.	Q & A
2:45 p.m.	Break

NEUROLOGY/GERIATRICS

3:00 p.m.	12. Cerebral Amyloid and its Clinical Implications in the Elderly
3:25 p.m.	13. Recurrent Ischemic Stroke: Strategies for Prevention in 2020
3:55 p.m.	14. Carotid Artery Disease
4:20 p.m.	15. Assessing the Impaired Older Driver – when to pull the license
4:45 p.m.	16. Gait and Balance Disorders in the Elderly
5:15 p.m.	17. Headaches in the Elderly
5:40 p.m.	Q & A
6:00 p.m.	Dinner
7:00 - 9:30 p.m.	Workshops

TUESDAY

March 24, 2020 / October 6, 2020

7:55 a.m. Welcoming Remarks from the Moderator

GASTROENTEROLOGY

8:00 a.m. 18. Constipation in the Elderly
8:20 a.m. 19. Dyspepsia: What about H. pylori Infection
8:40 a.m. 20. Hepatitis C
9:00 a.m. 21. The Pros and Cons of Gluten Free Diets in Non-Celiac Patients
9:20 a.m. 22. Non-Alcoholic Fatty Liver Disease
9:50 a.m. Q & A
10:10 a.m. Break

INFECTIOUS DISEASES

10:25 a.m. 23. Tick Borne Diseases
10:50 a.m. 24. Lower Respiratory Infection
11:15 a.m. 25. Managing HIV as a Chronic Illness
11:40 a.m. 26. Infectious Disease Cases
12:00 p.m. Q & A
12:15 p.m. Lunch

PULMONOLOGY

1:15 p.m. 27. Lung Cancer Prevention – Identifying and Eliminating the Modifiable Risk
1:40 p.m. 28. Asthma Management
2:10 p.m. 29. COPD
2:40 p.m. 30. Pulmonary Embolism: Subtle Manifestations
3:05 p.m. Q & A
3:25 p.m. Break

DERMATOLOGY

3:40 p.m. 31. Clues on How to Make the Correct Dermatologic Diagnosis & Update on Treatment
4:30 p.m. 32. Malar Rashes
4:50 p.m. 33. Diagnosing Common Skin Cancers
5:20 p.m. 34. Contact Dermatitis: Common Causes and Treatment
5:45 p.m. Q & A
6:00 p.m. Dinner
7:00 - 9:30 p.m. Workshops

WEDNESDAY

March 25, 2020 / October 7, 2020

7:55 a.m. Welcoming Remarks from the Moderator

ENDOCRINOLOGY AND METABOLIC DISORDERS

8:00 a.m. 35. Hypercholesterolemia with Case Presentations
8:50 a.m. 36. Pre-Diabetes
9:20 a.m. 37. Beyond Metformin - Are the Sulfonylureas Harmful? What Comes Next?
9:40 a.m. 38. Hypothyroidism
10:00 a.m. Q & A
10:15 a.m. Break

RHEUMATOLOGY

10:30 a.m.	39. Erythema Nodosum
10:50 a.m.	40. Osteoporosis
11:10 a.m.	41. Polyarticular Arthritis
11:35 a.m.	42. Osteopenia
11:50 a.m.	Q & A
12:05 p.m.	Lunch

PSYCHIATRY

1:00 p.m.	43. Seasonal Affective Disorder
1:25 p.m.	44. Obsessive-Compulsive Disorder: A CBT Approach
1:55 p.m.	45. Serotonin and Dopamine: The Pharmacology of Psychotherapeutics
2:20 p.m.	46. Managing Anxiety through Exercise, Yoga, and Meditation
2:45 p.m.	47. "Globus Hystericus," Cricopharyngeal Spasm: The cough that won't go away
3:05 p.m.	Q & A
3:20 p.m.	Break
3:30 – 6:00 p.m.	Workshops

THURSDAY

March 26, 2020 / October 8, 2020

7:55 a.m.	Welcoming Remarks from the Moderator
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CARDIOLOGY

8:00 a.m.	48. Acute Coronary Syndrome
8:30 a.m.	49. Hypertension
8:55 a.m.	50. TAVR/TAVI – Advances in the Treatment of Aortic Stenosis
9:20 a.m.	51. Atrial Fibrillation
9:45 a.m.	Q & A
10:05 a.m.	Break

OTOLARYNGOLOGY AND OPHTHALMOLOGY

10:15 a.m.	52. Tinnitus
10:35 a.m.	53. Red Eye
10:55 a.m.	54. Rational Use of Antibiotics in Treating Otitis Media
11:15 a.m.	55. Work-Related Eye Injuries
11:45 a.m.	Q & A
12:00 p.m.	Lunch

HEMATOLOGY/ONCOLOGY

1:00 p.m.	56. Leukopenia
1:30 p.m.	57. Hemolytic Anemia
2:00 p.m.	58. Sickle Cell Anemia
2:30 p.m.	59. Genetics in Cancer Diagnosis and Treatment
3:00 p.m.	Q & A
3:25 p.m.	Break

ORTHOPEDICS/SPORTS MEDICINE

3:40 p.m.	60. Stress Fractures
4:05 p.m.	61. Heel Pain
4:30 p.m.	62. Bursitis
5:00 p.m.	63. Knee Pain
5:30 p.m.	Q & A
6:00 p.m.	Dinner
7:00 p.m.	64. The Mark A. Connelly Semi-Annual Lecture - Clinical Implications of Poor Self-Esteem
8:00 p.m.	Q & A
8:30 p.m.	Adjournment

FRIDAY

March 27, 2020 / October 9, 2020

7:50 a.m. Welcoming Remarks from the Moderator

PEDIATRICS

7:55 a.m. 65. Sleep Disorders in Children
8:20 a.m. 66. Henoch-Schönlein Purpura
8:40 a.m. 67. The Exanthems in Children
9:05 a.m. 68. Motivational Interviewing in Managing Weight Issues in Children
9:35 a.m. Q & A
10:00 a.m. Break

WOMEN'S HEALTH (OB/GYN)

10:15 a.m. 69. Bone Mineral Density: Testing Interval in Women
10:35 a.m. 70. Endometrial Cancer
11:05 a.m. 71. Vaginitis
11:35 a.m. 72. Breast Cancer
11:55 a.m. Q & A
12:10 p.m. Lunch
1:10 p.m. Post-Course Exam
You will have one hour to take the exam.
2:10 - 4:40 p.m. Workshops
4:40 p.m. Adjournment

WORKSHOPS

SUNDAY

March 22, 2020 / October 4, 2020

WORKSHOPS 7:40 – 10:00 p.m.

73. Geriatrics: What you need to know for the CAQ (Certificate of Added Qualification) Boards
74. Nephrology for the Primary Care Physician
75. Nutritional Issues in Primary Care Practice
76. Making Effective Use of Diagnostic Imaging
77. Immunizations
78. Hyperlipidemia

MONDAY

March 23, 2020 / October 5, 2020

WORKSHOPS 7:00 - 9:30 p.m.

79. Knowledge Self-Assessment (KSA) Workshop on Hypertension
80. Common Urologic Problems in Primary Care
81. Management of Dementia
82. Infectious Diseases in Primary Care
83. Electrocardiography: Part 1 Basic (Part II, Advanced held on Tuesday)
84. Gastroenterology with Case Presentations
85. Effective Use of Technology in the Primary Care Office: best apps, sites, screeners, billing & coding

TUESDAY

March 24, 2020 / October 6, 2020

WORKSHOPS 7:00 - 9:30 p.m.

86. Knowledge Self-Assessment (KSA) Workshop on Heart Failure
87. Common Musculoskeletal Injuries in Athletes and During Exercise
88. Electrocardiography: Part II Advanced (Part I, Held on Monday)
89. Neurology for the Primary Care Physician
90. Dermatology for the Primary Care Physician (including hands-on experience)
91. Rheumatology for the Primary Care Physician (Including hands-on joint injection demonstration)

WEDNESDAY

March 25, 2020 / October 7, 2020

WORKSHOPS 3:30 - 6:00 p.m.

92. Knowledge Self-Assessment (KSA) Workshop on Depression
93. Otorhinolaryngology for the Primary Care Physician
94. Pain Management
95. CPR
96. Pulmonary Cases and Knowledge-Based Questions
97. Strategies for Taking the Family Medicine Board Examination
98. Cardiology Challenges in your Office Practice

FRIDAY

March 27, 2020 / October 9, 2020

WORKSHOPS 2:10 - 4:40 p.m.

99. Women's Health and Contraception
100. Addiction Medicine
101. Ophthalmology for the Primary Care Physician (Hands on Demo)
102. Pediatric Challenges in Primary Care Practice
103. Genetic Testing

Family Medicine Review Educational Objectives

Following completion of this program, participants should be able to:

- Diagnose and treat common Family Medicine problems using current and latest evidence based information
- Improve psychomotor skills utilized in office practice
- Prepare to pass the American Board of Family Medicine exam
- Navigate the Knowledge Self-Assessment Modules (KSA) formerly S.A.M. required by the American Board of Family Medicine
- Increase knowledge, competence, and performance through a comprehensive clinical review

Target Audience

Family Practitioners, General Practitioners, Internists, Physician Assistants, Nurse Practitioners, and Nurses.

Cancellation Policy

Refunds for withdrawal after deduction of \$100.00 fee made only upon written request prior to February 27, 2020 for the Spring Course and September 9, 2020 for the Fall course. Lewis Katz School of Medicine at Temple University reserves the right to cancel the program and return all course monies without further obligation if sufficient attendance is not secured. No refunds after February 27, 2020 for the Spring Course and September 9, 2020 for the Fall course.

Conference Site and Hotel Information

The Crowne Plaza Philadelphia-Cherry Hill is the host of the Family Medicine Review Course. Centrally located in South Jersey but easily accessible to Philadelphia for day trips to historical sites, great shopping, dining and more. The resort offers free WIFI, a fitness center, and free parking.

Reservations

You can book your hotel accommodations online by visiting:

- Spring Booking Website: <https://book.passkey.com/e/49914364>.
- Fall Booking Website: <https://book.passkey.com/e/50006248>.

You can also make your reservations by calling the hotel directly at 888-233-9527 between 7:00 A.M. and 11:00 P.M. EST.

- Room block Name: Temple University 44th Semi Annual Spring & Fall Family Medicine Review Course
- Room Rate: Spring: \$129 per night (plus tax) / Fall: \$121 per night (plus tax)
- Group Rate Cut-off Date: Spring: February 25, 2020 / Fall: September 10, 2020

Accreditation Statement

Lewis Katz School of Medicine at Temple University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education for physicians.

Certification Statement

Lewis Katz School of Medicine at Temple University designates this live activity for a maximum of 56.25 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Credit

This Live activity, 44th Semi-Annual Spring and Fall Family Medicine Review, from 03/22/2020 - 10/09/2020, has been reviewed and is acceptable for up to 56.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



ABIM MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 56.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.



Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

To successfully complete this CME activity, a participant must complete the activity post-test with a score of 65% or higher, provide his or her ABIM ID number and date of birth (month and day only), and grant permission for the Lewis Katz School of Medicine at Temple University to transmit the data to the Accreditation Council for Continuing Medical Education (ACCME) for reporting of points to the ABIM. Physicians who do not know their six-digit ABIM ID number can look it up on ABIM's website at <https://www.abim.org/verify-physician.aspx>

Disclosure Policy

It is the policy of the Lewis Katz School of Medicine at Temple University, The Albert J. Finestone, M.D, Office of Continuing Medical Education that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The Accreditation Council for Continuing Medical Education (ACCME) considers financial relationships to create actual conflicts of interest in CME when individuals have both a financial relationship with a commercial interest and the opportunity to affect the content of CME about the products or services of that commercial interest. The ACCME defines a commercial interest as "any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients." The ACCME does not consider providers of clinical service directly to patients to be commercial interests. The Lewis Katz School of Medicine at Temple University has established procedures in place that will identify and resolve all conflicts of interest prior to educational activity. Detailed disclosure will be made prior to the activity.

44th Semi-Annual Family Medicine Review

Check the appropriate course and fee(s):

- March 22 - 27, 2020
- October 4 - 9, 2020

Fees:

- \$200.00 - Pre-Conference Pain Management Program added to course
- \$1,495.00 - Course Registration
- \$1,295.00 - Nurses, PA-C's, and Fellows
- \$1,295.00 - Residents (with a letter from Department Chair)
- \$350.00 - Pre-Conference Pain Management Program only

10% discount for each person when 3 or more register from a group or organization or when a past participant brings a new participant (someone who has never attended our Spring or Fall Family Medicine Review). You must register at the same time (no exceptions).

Course registration includes 5 continental breakfasts, 5 lunches and 4 dinners. If additional guest meal tickets are needed, indicate the number of tickets below.

GUEST MEAL TICKETS (BREAKFAST) - \$17.50 each # of tickets _____
GUEST MEAL TICKETS (LUNCH) - \$28.00 each # of tickets _____
GUEST MEAL TICKETS (DINNER) - \$41.00 each # of tickets _____

Name _____

Address _____

City _____ State _____ Zip _____

Daytime Telephone# _____ Fax _____

E-Mail Address _____

Specialty _____

Discover/Mastercard/Visa# _____

Expiration Date _____

Signature _____

To Register:

Complete the registration form and return it with your fee (*No cash accepted*)

Make checks payable to: **Temple University Postgraduate**

Return To:

Arnold I. Meyer, Ed.D., FACEHP
Lewis Katz School of Medicine at Temple University
The Albert J. Finestone, MD Office for Continuing Medical Education
3440 North Broad Street • Philadelphia, PA 19140
Phone: 800-23-TUCME or 215-707-4787
Fax: 215-707-8268

Register Online:

<https://medicine.temple.edu/cme>

WORKSHOPS

(Please specify workshop preferences by writing in workshop numbers listed on pgs. 6-7).

Sunday Evening

_____ 1st Choice _____ 2nd Choice _____ 3rd Choice

Monday Evening

_____ 1st Choice _____ 2nd Choice _____ 3rd Choice

Tuesday Evening

_____ 1st Choice _____ 2nd Choice _____ 3rd Choice

Wednesday Afternoon

_____ 1st Choice _____ 2nd Choice _____ 3rd Choice

Friday Afternoon

_____ 1st Choice _____ 2nd Choice _____ 3rd Choice

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Lewis Katz School of Medicine

The Albert J. Finestone, M.D.
Office for Continuing Medical Education
3440 North Broad Street, Kresge Hall, Suite 360
Philadelphia, PA 19140

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March 22 - 27, 2020 / October 4 - 9, 2020



**Limited seating
available!**

Register now to save your seat!
<https://medicine.temple.edu/cme>

***Don't miss the Pain Management
Pre-Conference Program!***

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