

The 42nd Semi-Annual Fall Family Medicine Review

September 30 - October 5, 2018

Presented by



Lewis Katz School of Medicine

and

Lancaster General Health

at

Valley Forge Casino Resort • King of Prussia, PA

**Pre-Con
and Course:**

55.75
AMA PRA
Category 1 Credits™

55.75
AAFP Credits

55.75
Contact Hours

NEW!

**Pre-Conference
Board Review Session**

**Details
Inside!**



Nikitas J. Zervanos, MD
Course Director

**No
Pharmaceutical
Support!**



Register Online

<https://medicine.temple.edu/cme>

New Pre-Conference for 2018!

Ready to take the Family Medicine Boards?

Build confidence through practice!

*Register now for our intensive Pre-Conference
Board Review Question and Answer Session*

**Earn up to
4.25 credits for
this session**

▶ FEATURES

- Questions and answers presented in ABFM-Exam format
- Strengthen your command of key FM exam content
- Target specific knowledge gaps and identify areas where follow up study is needed
- Family Practice experts analyze each question and provide detailed explanations and tips for each topic
- Family Medicine Board Review text with over 1,000 additional multiple-choice questions in board exam format for additional review

**Pre-Conference Registration
with Course Tuition:
additional \$200 / Pre-Conference only: \$350**

**Registration Form at the back of this brochure
or Call 1-800-23-TUCME**

Course Features

- Earn up to 55.75 Continuing Medical Education credits in one week
- Cost effective – Registration fee includes workshops, a printed and electronic version of the syllabus, tote bag, five continental breakfasts, five lunches, four dinners, and three KSAs
- Excellent preparation for certification or re-certification examination of the American Board of Family Medicine
- Pre- and Post-testing with computerized analysis of performance (for your own use – no individual record kept)
- 10% discount for group registrations. Please see details on the registration page.
- 5 interactive workshop sessions (pre-registration required on a first-come, first-served basis)

Family Medicine Review Educational Objectives

Following completion of this program, participants should be able to:

- Diagnose and treat common Family Medicine problems using current and latest evidence based information
- Improve psychomotor skills utilized in office practice
- Prepare to pass the American Board of Family Medicine exam
- Navigate the Knowledge Self-Assessment Modules (KSA) formerly S.A.M. required by the American Board of Family Medicine
- Increase knowledge, competence, and performance through a comprehensive clinical review

Target Audience

Family Practitioners, General Practitioners, Internists, Physician Assistants, Nurse Practitioners, and Nurses.

Cancellation Policy

Refunds for withdrawal after deduction of \$100.00 fee made only upon written request prior to September 6, 2018 for the Fall Course. Lewis Katz School of Medicine at Temple University reserves the right to cancel the program and return all course monies without further obligation if sufficient attendance is not secured. No refunds after September 6, 2018 for the Fall Course.

Conference Site and Hotel Information

The Valley Forge Casino Resort is the host for the Family Medicine Review Course. A beautiful Pennsylvania getaway, it is located in picturesque Montgomery County with countless natural, cultural and historic things to discover and experience. The resort is just a short ride away to Historic Downtown Philadelphia and is minutes away from the Valley Forge National Historical Park and the King of Prussia Mall. The Resort provides a complimentary shuttle service to both the park and the mall. The Valley Forge Casino Resort is accessible via the Philadelphia International Airport, AMTRAK, and major highways.

The resort proudly offers free high-speed, wireless Internet access, a newly renovated Fitness Center, a Business Center, meeting facilities, and on-site restaurants and lounges.

Reservations

You can book your hotel accommodations either at the Casino Tower (close proximity to the Event Center) or Radisson Tower (close proximity to the evening workshop rooms) online through the CME website at <https://medicine.temple.edu/cme> and click on the link [Temple University School of Medicine Room Block](#).

You can also call the hotel directly at (610) 354-8118.

Room Block Name: Temple University School of Medicine
Room Rate: \$119.00 plus 8% tax
Group Rate Cut-off Date: September 7, 2018 (Fall Course)

Airport Shuttle Information

Tropiano Airport Shuttle: (800) 559-2040

Super Trans: (800) 309-2000

Lady Liberty Shuttle: (215) 724-3333

Accreditation Statement

Lewis Katz School of Medicine at Temple University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education for physicians.

Certification Statement

Lewis Katz School of Medicine at Temple University designates this live activity for a maximum of 55.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Credit

This Live activity, 42nd Semi-Annual Spring and Fall Family Medicine Review Course, with a beginning date of 03/18/2018, has been reviewed and is acceptable for up to 55.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 55.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

To successfully complete this CME activity, a participant must complete the activity post-test with a score of 65% or higher, provide his or her ABIM ID number and date of birth (month and day only), and grant permission for the Lewis Katz School of Medicine at Temple University to transmit the data to the Accreditation Council for Continuing Medical Education (ACCME) for reporting of points to the ABIM. Physicians who do not know their six-digit ABIM ID number can look it up on ABIM's website at <https://www.abim.org/online/findcand.aspx>

Nursing Accreditation

Temple University Hospital Department of Nursing is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Registered Nurses will receive up to 55.75 Contact Hours.

Disclosure Policy

It is the policy of the Lewis Katz School of Medicine at Temple University, The Albert J. Finestone, M.D, Office of Continuing Medical Education that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The Accreditation Council for Continuing Medical Education (ACCME) considers financial relationships to create actual conflicts of interest in CME when individuals have both a financial relationship with a commercial interest and the opportunity to affect the content of CME about the products or services of that commercial interest. The ACCME defines a commercial interest as "any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients." The ACCME does not consider providers of clinical service directly to patients to be commercial interests. The Lewis Katz School of Medicine at Temple University has established procedures in place that will identify and resolve all conflicts of interest prior to educational activity. Detailed disclosure will be made prior to the activity.

► SUNDAY

September 30, 2018

Pre-Conference Board Question Review (Additional Tuition Charge \$200.00)

12:00 p.m.	Registration for Pre-Conference Board Review
1:00 p.m.	Welcome and Introductions Nikitas J. Zervanos, MD Course Director, TU Family Medicine Review Director Emeritus, Family Practice Residency Program, LG Health Clinical Professor, Department of Family and Community Medicine Lewis Katz School of Medicine at Temple University
1:05 p.m.	Welcoming Remarks
1:10 p.m.	PC1. Board Review Questions (Part 1) David T. O'Gurek, MD Assistant Professor Department of Family & Community Medicine Lewis Katz School of Medicine at Temple University
3:40 p.m.	Break
3:50 p.m.	PC2. Board Review Questions (Part 2) Alexandra Schieber, DO Assistant Professor, Family and Community Medicine Lewis Katz School of Medicine at Temple University
5:30 p.m.	Adjourn

► The 42nd Semi-Annual Fall Family Medicine Review Course

3:30 p.m.	Registration Open For Course Attendees
5:30 p.m.	Dinner and Welcome from Dr. Zervanos
6:30 p.m.	1. KEYNOTE LECTURE The Albert J. Finestone, MD Annual Lecture How to Live to be 100
7:30 p.m.	Questions and Answers
7:40 – 10:00 p.m.	Workshops

► MONDAY

October 1, 2018

7:25 a.m. **Welcome and Introductory Remarks**
Nikitas J. Zervanos, MD
Director, TU Family Medicine Review
Director Emeritus, Family Practice Residency Program, LG Health
Clinical Professor, Department of Family and Community Medicine
Lewis Katz School of Medicine at Temple University

Elizabeth Oquendo, JD
Director, Continuing Medical Education
Lewis Katz School of Medicine at Temple University

7:45 - 8:45 a.m. **Pre-Test**

8:45 a.m. **Welcoming Remarks from the Moderator**

PUBLIC HEALTH AND PREVENTIVE MEDICINE

8:50 a.m. **2. 2018 Immunization Update**

9:30 a.m. **3. Nutritional Myths and the Healthy Diet**

9:50 a.m. **4. Opioid Epidemic and the Family Physician Role**

10:10 a.m. **Questions and Answers**

10:20 a.m. **Break**

10:35 a.m. **5. Insomnia**

10:55 a.m. **6. Testing for Genetic Disorders**

11:15 a.m. **7. Hyperlipidemia**

11:35 a.m. **8. Hyperlipidemia Cases**

11:55 a.m. **Questions and Answers**

12:05 p.m. **Lunch**

UROLOGY AND NEPHROLOGY

1:05 p.m. **9. Chronic Kidney Disease**

1:25 p.m. **10. Scrotal Masses**

1:45 p.m. **11. Prostate Cancer and the PSA Controversy**

2:05 p.m. **12. Hyponatremia**

2:25 p.m. **Questions and Answers**

2:40 p.m. **Break**

NEUROLOGY

2:55 p.m. **13. Meningitis/Encephalitis**

3:20 p.m. **14. Migraine Headaches**

3:50 p.m. **15. Parkinson's Disease**

4:20 p.m. **16. Transient Ischemic Attacks and Stroke**

4:50 p.m. **17. Peripheral Neuropathy**

5:15 p.m. **18. Central Nervous System Poisoning**

5:40 p.m. **Questions and Answers**

6:00 p.m. **Dinner**

7:00 - 9:30 p.m. **Workshops**

► TUESDAY

October 2, 2018

7:55 a.m. **Welcoming Remarks from the Moderator**

GASTROENTEROLOGY

8:00 a.m. **19. Heartburn**

8:25 a.m. **20. Irritable Bowel Syndrome**

8:50 a.m. **21. Diverticulitis**

9:15 a.m. 22. Pancreatitis
9:40 a.m. Questions and Answers
9:55 a.m. Break

INFECTIOUS DISEASES

10:10 a.m. 23. Herpes Simplex Virus
10:30 a.m. 24. Cough that won't go away
10:50 a.m. 25. HIV
11:10 a.m. 26. Human Papilloma Virus
11:30 a.m. 27. Cardiac Infections
12:00 p.m. Questions and Answers
12:15 p.m. Lunch

CARDIOLOGY

1:15 p.m. 28. Supraventricular Tachycardia
1:35 p.m. 29. Coronary Artery Syndrome
2:05 p.m. 30. Hypertension
2:45 p.m. 31. Hypertension Case Studies
3:15 p.m. Questions and Answers
3:35 p.m. Break

DERMATOLOGY

3:45 p.m. 32. Benign Skin Lesions
4:10 p.m. 33. Premalignant Skin Disorders
4:35 p.m. 34. Oral Manifestations of Systemic Disease

5:05 p.m. 35. Shingles
5:25 p.m. 36. Acne
5:45 p.m. Questions and Answers
6:00 p.m. Dinner
7:00 - 9:30 p.m. Workshops

► WEDNESDAY *October 3, 2018*

7:55 a.m. Welcoming Remarks from the Moderator

ENDOCRINOLOGY AND METABOLIC DISORDERS

8:00 a.m. 37. Diabetes Mellitus with Case Studies
8:50 a.m. 38. Thyroid Dysfunction
9:20 a.m. 39. Vitamin D and Parathyroid Disorders
9:40 a.m. 40. Osteoporosis in Men and Women
10:00 a.m. Questions and Answers
10:15 a.m. Break

RHEUMATOLOGY

10:30 a.m. 41. Gout and Pseudogout
10:50 a.m. 42. Low Back Pain
11:10 a.m. 43. Lupus
11:30 a.m. 44. Chronic Fatigue Syndrome
11:50 a.m. Questions and Answers
12:00 p.m. Lunch

PSYCHIATRY

1:00 p.m.	45. Eating Disorders
1:20 p.m.	46. Personality Disorders
1:40 p.m.	47. Cognitive Behavioral Therapy
2:00 p.m.	48. Major Depression
2:20 p.m.	49. Emergency and Disaster Psychiatry for the Family Physician
2:40 p.m.	50. Three Common Psychiatric Cases
3:00 p.m.	Questions and Answers
3:15 p.m.	Break
3:30 – 6:00 p.m.	Workshops

► THURSDAY

October 4, 2018

7:55 a.m.	Welcoming Remarks from the Moderator
-----------	--------------------------------------

PULMONOLOGY

8:00 a.m.	51. Sleep Apnea
8:20 a.m.	52. Reactive Airway Disease
8:40 a.m.	53. Radiologic Evaluation of the Chronic Cough
9:00 a.m.	54. Evaluation of Wheezing Illnesses other than Asthma in Adults
9:25 a.m.	55. Pulmonary manifestations of systemic diseases (i.e. vasculitis, infectious, neoplastic, etc.)
9:45 a.m.	Questions and Answers
10:05 a.m.	Break

OTOLARYNGOLOGY

10:15 a.m.	56. Sinusitis and Rhinitis
10:35 a.m.	57. Ear Infections (Otitis Externa, Otitis Media)
10:55 a.m.	58. Vestibular and Balance Disorders
11:20 a.m.	59. Hoarseness
11:45 a.m.	Questions and Answers
12:00 p.m.	Lunch

HEMATOLOGY/ONCOLOGY

1:00 p.m.	60. Hemolytic Anemias
1:30 p.m.	61. Plasma Cell Disorders and Multiple Myeloma
2:00 p.m.	62. Thrombocytopenia
2:30 p.m.	63. Hematology Cases
3:10 p.m.	Questions and Answers
3:25 p.m.	Break

ORTHOPEDICS/SPORTS MEDICINE

3:40 p.m.	64. Ankle Sprain
4:00 p.m.	65. Brain Concussion
4:20 p.m.	66. Shoulder Pain
4:45 p.m.	67. Knee Injuries
5:15 p.m.	68. Orthopedic Cases
5:45 p.m.	Questions and Answers
6:00 p.m.	Dinner

- 7:00 p.m. The 26th Annual Pennsylvania Academy of Family Physicians
Mark A. Connelly Memorial Lecture
69. Empathy
- 8:00 p.m. Questions and Answers
- 8:30 p.m. Adjournment

► FRIDAY

October 5, 2018

- 7:50 a.m. Welcoming Remarks from the Moderator

PEDIATRICS

- 7:55 a.m. 70. Vitamin D Supplements in Infants, Children, and Adolescents
- 8:15 a.m. 71. Three Pediatric ENT Cases
- 8:35 a.m. 72. Influenza
- 9:00 a.m. 73. Pediatric Asthma
- 9:20 a.m. 74. Pediatric Orthopedics Pearls and Pitfalls
- 9:45 a.m. Questions and Answers
- 10:00 a.m. Break

WOMENS HEALTH (OB/GYN)

- 10:15 a.m. 75. Post-Menopausal Vaginal Bleeding
- 10:35 a.m. 76. Trauma in the Pregnant Patient
- 11:05 a.m. 77. Female Sexual Dysfunction
- 11:35 a.m. 78. Contraception
- 11:55 a.m. Questions and Answers
- 12:10 p.m. Lunch

- 1:10 p.m. **Post-Course Exam**
You have one hour to take the exam, beginning at 1:10 pm. You must be finished by 2:10 pm. You must take the post-test and successfully score 65% or higher to obtain MOC points.
- 2:10 - 4:40 p.m. **Workshops**
- 4:40 p.m. **Adjournment**

► WORKSHOPS

► SUNDAY *September 30, 2018* WORKSHOPS 7:40 – 10:00 p.m.

79. Immunizations
80. Nephrology Workshop
81. Nutritional Issues in Family Medicine Practice
82. Making Effective Use of Diagnostic Imaging
83. Dementia
84. Hyperlipidemia

► MONDAY *October 1, 2018* WORKSHOPS 7:00 – 9:30 p.m.

85. Knowledge Self-Assessment (KSA) (ABFM) Workshop on Hospital Medicine
86. Common Urologic Problems in Primary Care Practice
87. Electrocardiography: Part I, Basic – (Part II, Advanced held on Tuesday)
88. Common Musculoskeletal Injuries in Athletes and During Exercise
89. Neurology with Case Studies
90. Gastroenterology with Case Presentations

► TUESDAY *October 2, 2018* WORKSHOPS 7:00 – 9:30 p.m.

91. Knowledge Self-Assessment (KSA) (ABFM) Workshop on Heart Failure
92. Common Infectious Diseases in Primary Care
93. Electrocardiography: Part II, Advanced – (Part I, Basic held on Monday)
94. Gynecology with Cases
95. Diagnostic and Skin Biopsy Techniques in Dermatology
96. Rheumatology – Including Joint Injection

► **WEDNESDAY** *October 3, 2018* **WORKSHOPS 3:30 – 6:00 p.m.**

- 97. Knowledge Self-Assessment (KSA) (ABFM) Workshop on Health Behavior
- 98. Billing and Coding: Economic Consequences
- 99. Pain Management
- 100. CPR
- 101. Psychiatric Workshop
- 102. Pulmonary Cases and Knowledge - Based Questions
- 103. Strategies for Taking the Family Medicine Board Examination

► **FRIDAY** *October 5, 2018* **WORKSHOPS 2:10 – 4:40 p.m.**

- 104. Hypertension Workshop
- 105. Management and Treatment of Headaches
- 106. Alcoholism and Drug Abuse
- 107. Ophthalmology: Common Eye Issues in Primary Care
- 108. Management of Common Medical Conditions in Pregnancy

42nd Semi-Annual Family Medicine Review

Check the appropriate course and fee(s):

September 30 - October 5, 2018

Fees:

- \$200.00 - Pre-Conference Board Review when added to course
- \$1,495.00 - Course Registration
- \$1,295.00 - Nurses, PA-C's and Fellows
- \$1,295.00 - Residents (with a letter from Department Chair)
- \$350.00 - Pre-Conference Board Review only

10% discount for each person when 3 or more register from a group or organization or when a past participant brings a new participant (someone who has never attended our Spring or Fall Family Medicine Review). You must register at the same time (no exceptions).

Course registration includes 5 continental breakfasts, 5 lunches and 4 dinners. If additional guest meal tickets are needed, indicate the number of tickets below.

GUEST MEAL TICKETS (LUNCH) - \$28.00 each # of tickets _____
 GUEST MEAL TICKETS (DINNER) - \$41.00 each # of tickets _____

Name _____
 Address _____
 City _____ State _____ Zip _____
 Daytime Telephone# _____ Fax _____
 E-Mail Address _____
 Specialty _____
 Discover/Mastercard/Visa# _____
 Expiration Date _____
 Signature _____

To Register:

Complete the registration form and return it with your fee (*No cash accepted*)

Make checks payable to: **Temple University Postgraduate**

Return To:

Katrina Ilagan
 Lewis Katz School of Medicine at Temple University
 The Albert J. Finestone, MD Office for Continuing Medical Education
 3440 North Broad Street • Philadelphia, PA 19140
 Phone: 800-23-TUCME or 215-707-4787
 Fax: 215-707-8268

Register Online:

<https://medicine.temple.edu/cme>

WORKSHOPS

(Please specify workshop preferences by writing in workshop numbers listed on pgs. 12-13).

Sunday Evening

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Monday Evening

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Tuesday Evening

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Wednesday Afternoon

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Friday Afternoon

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Cancellation Policy: Refunds for withdrawal after deduction of \$100.00 fee made only upon written request prior to September 6, 2018 for the Fall Course. Lewis Katz School of Medicine at Temple University reserves the right to cancel the program and return all course monies without further obligation if sufficient attendance is not secured. No refunds after September 6, 2018 for the Fall Course.



Lewis Katz School of Medicine

The Albert J. Finestone, M.D.
Office for Continuing Medical Education
3440 North Broad Street, 1st floor Kresge Hall
Philadelphia, PA 19140

42nd Semi-Annual Family Medicine Review

September 30 - October 5, 2018

NON PROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 226
PHILADELPHIA, PA